



regions of the United States before natural disasters occur. We ended by developing the idea for a natural disaster preparedness/ survival kit that we could distribute to people that would include useful products for them.



*Creo Legion 1*

## **CREO 1, DAY 1**

Today was all about team-building and brainstorming for Creo 1. We kicked the day off with a workshop on multidisciplinary collaboration, which turned out to be a lot more fun than it sounded! We had a great time working together to stack solo cups without touching them, and building a ridiculous structure to hold a softball out of a paper plate, a rubber band, and several other seemingly random items.

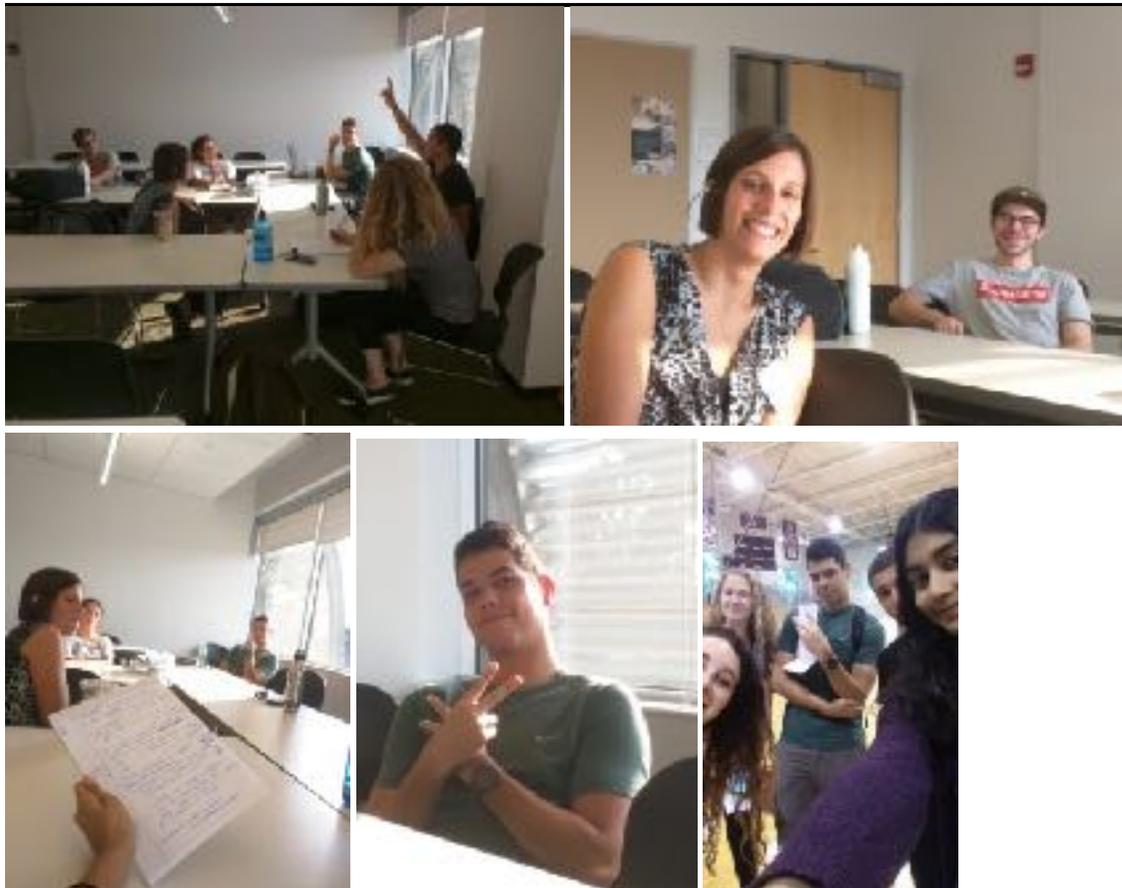


In the afternoon, we spent time as a group, using some of the techniques we'd learned throughout the day to brainstorm ideas for the challenge. We used the "Five why's" from the presentation by J&J and the fantastic skills/weaknesses postcard technique from the team-building workshop.





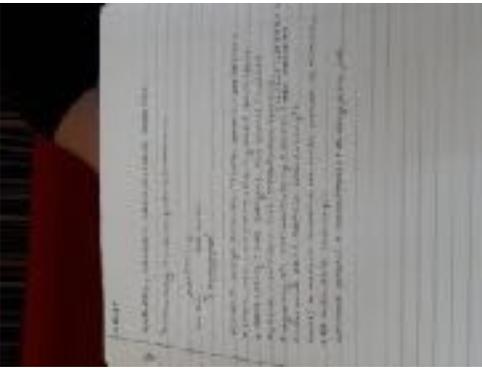
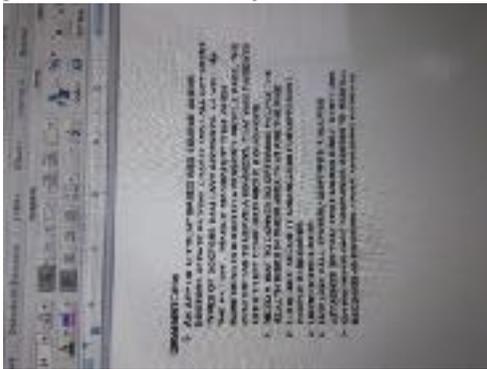
Please enjoy this picture of Marc and I eating chips after speaking with our advisers.



Day one of Nexus Maximus was definitely exciting because we found who we were going to be working so closely with for three days. We have an OT student, ID student, and an [Interior design](#) student as well as Architecture students working together. We approached the subject of personal health in a mental health perspective and decided to create a [room with](#) an interface to encourage relaxation and tranquility. We intend on researching audio, tactility, light, and even types of spaces to come up with a customizable space which can benefit everyone. We expect that this could be used at places with high stress levels and also for rehabilitation as well as hospitals. One of the workshops we went to clearly defined what it meant to be a team full of differences that lead to strength in every direction as compared to a team of the same qualifications. Another workshop illustrated the process to solving a problem and one thing we learned from it was that the first step which most people skip is inventory that is analyzing the problem at hand and your resources.

# ORIOR 1 DAY 1

The members of our group are Anna Kipp, Tania Garcia, Elena Krupicka, Anna Nicola, and Luke Yeagle. When we first met up, we exchanged contact information and divided up the sessions that we would each go to over the course of the day. During the day, the different members of our group attended 5 different sessions to get a broad idea of major health issues that the world faces right now. A couple of different issues that we learned about at the sessions were the effect of climate change on health, such as with CO2 emissions leading to asthma. Another issue was with people from rural areas not having access to tele-health resources. Then we reviewed the scenarios and project brief before brainstorming possible ideas. One of the areas that we thought deserved focus was the lack of communication between different health professionals and their patients. An approach we thought of is creating a way for patients to communicate more directly with health professionals outside of doctors offices. We are gathering a lot of our information from personal experience with health professionals, and the problems that we have faced when dealing with said professionals. We plan on meeting up again tomorrow to finalize an idea and begin working on our presentation for Monday.



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# TEAM NOVO 4 DAY 1

Aspiring to be on the “cutting edge of technology”, Novo 4 came into Nexus Maximus ready to take on the task of assisting refugees. We started the day by meeting each other and going through introductions, then we participated in a team building exercise that involved us working together to stack 10 cups in a pyramid formation and to create free-standing tee for either a golf-ball or softball as high as possible. Our team succeeded in both activities but learned that communication within the team and time management are important factors that need to be considered when working on a project together. Then we spent a lot of the remainder of the day going to workshops that were run by the professors. Some of the topics that were covered in the workshops included sustainability, economics of refugees, migration of refugees, connecting refugees using the internet, genetics, human center design, and refugee health. After going to the workshops, we came back together and started to brainstorm ideas of refugee problems that we wanted to try and solve. Our first idea that we came up with, and the one that we decided to run with, was assisting refugees in getting hired by creating a website that would link employers that are willing to hire refugees with refugees that are seeking a job. This is a crucial problem that needs to be addressed because one of the goals of refugees is to live independently in a country and to be able to provide for their families. We came up with a general idea for the website and options that we wanted to include. When meeting with our adviser about our concept, he raised some concerns about language barriers that will exist when employers are trying to hire refugees and suggested that we present this hurdle when we present our final idea on Monday. Overall, it was a successful first day and we have a general idea of what we want to accomplish for the final project.

